

Don't forget you need a second dose of the **MPOX Vaccine** for the best protection

If it's been at least 28 days since your first vaccination, **book in your second dose.**



ABOUT MPOX

Mpox is a contagious viral infection that typically transmitted through close physical contact, such as sex, with someone who has mpox.

This may be through direct contact with skin rashes or bodily fluids of an infected person, as well as touching items contaminated with the virus.

The virus is most contagious when a person first develops symptoms until their lesions or scabs crust, dry or fall off, and the infectious period normally lasts for around two to four weeks.

Anyone can get the virus. However, sexually active gay, bisexual and other men who have sex with men, non-binary and trans people are at highest risk.

WHERE TO GET VACCINATED?

Scan to find your nearest vaccination site.

Free vaccinations without a Medicare card are available.



WHAT ARE THE SYMPTOMS?

One of the most common symptoms of mpox is the **appearance of a rash that can be painful and appear anywhere** on the body, before becoming raised and blistered. These blisters can then crust over as scabs then eventually fall off.

The rash can be accompanied by cold and flu-like symptoms such as fever and swollen glands, anal/rectal pain or discomfort, headache, muscle and body aches, backache, and tiredness. **You may experience a few or all of these symptoms.**

WHAT IF I HAVE SYMPTOMS?

If you develop symptoms of mpox **please stay home**, restrict your contact with others, and seek medical care and testing.

Contact your healthcare provider or nearest health service for advice. These can include sexual health clinic, GP, or Healthline (which also offers interpreter services). Make sure any rashes, lesions, sores or scabs are covered if you attend an appointment.

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